REMOTE LEARNING – Monday 1st February

Self-help

How are those skills developing? Have a chat with your child about how things are going. Ask them to review their progress, which skills do they like doing? Which don’t they like doing? Which ones are they especially proud of? Which ones would they like to practice more? Having this conversation, recalling what they once couldn’t do and how far they have come is very beneficial in developing a ‘can do’ attitude, instilling the belief that applying more effort or altering method will create positive results and will build an intrinsic drive to learn. If we can do this, your child will want to learn new skills, gain new knowledge because of a pure drive that comes from within and hopefully nothing will stop them from achieving their goals.

Following on from the sense of smell that we touched upon last week with the gingerbread. This week we are going to move on to using our sense of touch and we are going to be thinking and learning about texture, texture is the way things feel.

Gross motor

Today we are going to make a feely box There are a couple of ways that you can do this, you can either make one from an old shoe box, where you cut a whole in the top that is just big enough for your child’s hand will fit in, yours too, if you are going to join in too. Or use on open box, basket or tub with a towel covering the opening, so that a hand can slide in without peeping eyes from seeing what is inside. Before we go on a hunt think of different textures to find, for example, something soft, something fluffy, something rough, something smooth… They don’t have to be fancy, cotton wool, a brush, bubble wrap, etc. How many items you look for are entirely up to you.

It’s time for a treasure hunt!! Challenge your child by giving them for example to the count of 10/20/30/40/50… or set an audible timer, depending on what you believe is achievable for your child to go as fast as they can to find all of the items that they will need for their feely box game. Ready… Steady… GO

Feely box game time Look at all of the items that have been gathered, talk about them together. You can then either choose to play the game in 2 different ways.

Option 1 – put the items in the box one at a time – no peeking, then placing a hand inside tell the other player what the items texture is and guess what the item could be.

Option 2 – put all the items in the box, then without peeking take turns to put a hand in the box, choose an item, tell the other player what texture the item is to see if they can guess/remember what the item was.

You could do this with either man made items or natural items from outside, stones can be an extra challenge as not all stones feel the same – this will really test that recall!

Fine motor / muscle stamina

Labels Encourage your child to sort the items that they have found, it really doesn’t matter how they sort them, it can be completely your child’s ideas. Once this is done ask your child about each group in turn, i.e. what do all the items have in common in the group. Now to make a label, the perfection of the writing is also not the priority, the process of making their own mark is the priority. Your child might ask you to scribe for them to copy, they might ask you to sound out the letters, or could be quite happy to just give it a go.

Story / song time

Time for a story Some of you may have these books at home from the ‘That’s Not My…’ story collection, they are all full of some great textures and texture vocabulary. Mrs Stephenson is going to read one of the ones from her collection.

Time to sing a song all about animals and their textures Lots of you may have heard the first verse before ‘A hedgehog is very prickly…’ Mrs Stephenson has lots’ more verses that she would like to share with you and perhaps you could make up some of your own too!

**Hope you have lots of fun today!**